

Portion Perfection for Bariatrics

Seeing is understanding



The Portion Perfection Bariatric Kit

is an educational tool for use by practitioners that doubles as a practical tool for clients with a gastric bypass, sleeve gastrectomy or gastric band.

Compiled with input from fellow practitioners, this set is sure to meet the needs of bypass, sleeve and band owners.

The bariatric plate and bowl and the pictures in the books represents an ideal portion size for a correctly adjusted band or gastric sleeve without risk of misinterpretation.

The tools also serve as reminders to clients of the eating behaviours required for ideal meal tolerance and indicate the approximate aperture of the well adjusted band.

The Bariatric plate incorporates three dietetic messages:

- 1 Nutritional balance
- 2 Portion control
- 3 Specific eating behaviours that enhance tolerance.

What people say about Portion Perfection for Bariatrics

"Thank you so much for your insight and motivation to produce the book, plate and bowl (for bariatrics). I attended my Dietitian at Mercy Hospital following

"This is a painless recipe for sustained weight loss."

John B. Dixon – Obesity Research – Baker IDI Heart and Diabetes Institute, Melbourne

"I would recommend it to anyone who has had weight loss surgery."

Melanie McGrice, Health Kick Nutrition and Dietetics

my surgery 8 months ago as I felt I needed some further support. I saw your product in her office and as I am a 'visual' person, I really think seeing on my plate the amount I can eat will help me adjust to my new lifestyle. I continually dish the amount of food I would have normally served and try to consume it, but find I can't, and unfortunately my husband eats it for me and hence I am getting a 'fatter' husband, which is of no use at all!" **Anne**

"I'm really excited to get my bariatric kit. I had a look through and it is by far the best weight loss plan I have seen and I have seen them all. Tell Amanda she is amazing. If I had one of these when I was young I probably would not have ended up having surgery." **Gen**

WHOLESALE ORDER FORM – PORTION PERFECTION BARIATRICS

PRODUCT		Retail Price	Practitioner Price	Wholesale Price 10 Items	Wholesale Price 20 Items	Wholesale Price 60 Items	Wholesale Price 100 Items	Number Required	Total AUD
Portion Perfection for Bariatrics Book		\$39.95	\$33.95	\$299.60 (\$29.96 ea)	\$559.40 (\$27.97 ea)	\$1,630.00 (\$27.17ea)	\$2,597.00 (\$25.97ea)	___ x items	
4 Week Weight Loss Menu Plan		\$39.95	\$33.95	\$299.60 (\$29.96 ea)	\$559.40 (\$27.97 ea)	\$1,630.00 (\$27.17ea)	\$2,597.00 (\$25.97ea)	___ x items	
Healthy Snack Bible		\$8.95	\$7.60	\$67.00 (\$6.70 ea)	\$125.00 (\$6.25 ea)	\$366.00 (\$6.10 ea)	\$580.00 (\$5.80 ea)	___ x items	
Bariatric Plate	Porcelain	\$27.95	\$23.75	\$209.50 (\$20.95 ea)	\$391.00 (\$19.55 ea)	\$1,140.00 (\$19.00 ea)	\$1,815.00 (\$18.15 ea)	___ x items	
	Melamine	\$19.95	\$16.95	\$149.50 (\$14.95 ea)	\$279.00 (\$13.95 ea)	\$813.00 (\$13.55 ea)	\$1,295.00 (\$12.95 ea)	___ x items	
Portion Perfection Bowl	Porcelain	\$16.95	\$14.40	\$127.00 (\$12.70 ea)	\$237.00 (\$11.85 ea)	\$693.00 (\$11.55 ea)	\$1,100.00 (\$11.00 ea)	___ x items	
	Melamine	\$10.95	\$9.30	\$82.00 (\$8.20 ea)	\$153.00 (\$7.65 ea)	\$447.00 (\$7.45 ea)	\$710.00 (\$7.10 ea)	___ x items	
Hypnotherapy Mp3 Player		\$38.95	\$33.10	\$292.00 (\$29.20 ea)	\$545.00 (\$27.25 ea)	\$1,590.00 (\$26.50 ea)	\$2,530.00 (\$25.30 ea)	___ x items	
Portion Perfection for Bariatrics Pack <small>Bariatrics Book Snack Bible Bag, Plate & Bowl</small>	Porcelain	\$93.80	\$79.75	\$703.50 (\$70.35 ea)	\$1,313.20 (\$65.65 ea)	\$3,828.00 (\$63.80 ea)	\$6,095.00 (\$60.95 ea)	___ x packs	
	Melamine	\$79.80	\$67.85	\$598.50 (\$59.85 ea)	\$1,117.00 (\$55.85 ea)	\$3,255.00 (\$54.25 ea)	\$5,185.00 (\$51.85 ea)	___ x packs	
\$14.95 - Postage applies to orders under \$500 within Australia. (2018/19 postage rate) FREE POSTAGE FOR ORDERS OVER \$500 (within Australia) (orders outside Australia will be quoted on individually)								Total Order \$	

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